



Executive Career Transitions in a VUCA World: New Areas of Focus

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Executives confronted with the need to change jobs face a number of specific challenges, ranging from loss of confidence, concerns about their working identity, others' perception of them, scarcity and competition for high end jobs and sustaining an exclusive lifestyle. Using a case study and drawing on a positive psychology framework, this guided interactive session will offer workshop participants the opportunity to develop their toolkit of strategies and frameworks to help this executive achieve his/her career goals. Several questions will be explored like: *What is the executive's current mindset? Do they demonstrate self-insight? Is their awareness of the current job market accurate?* Resources will be provided.

Penelope is the Director of Executive Services at Audrey Page & Associates, part of The Career Insight Group (TCIG), which is the largest private provider of career strategy and career management services to ASX top 50 businesses. Penelope brings a strong background in organisational psychology and applied research to help executives make informed decisions and choices about their work and life. She leads a team of expert career coaches and has personally coached hundreds of senior executives through career change. She has conducted award-winning research into the key factors of career transition success and, as a thought leader in this space, is a sought after commentator and conference speaker.