



Youth Online Training and Employment System (YOTES); Improving Capacity for Youth Mental Health Services to Play an Integral Role in Delivering Vocational Support

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Orygen, The National Centre of Excellence in Youth Mental Health has developed and is currently conducting a research trial of a Youth Online Training and Employment System (YOTES) to improve employment and educational opportunities for young people with an experience of mental ill-health attending headspace centres in Victoria.

YOTES has been designed to offer flexible accessibility to expert vocational support and includes:

- content co-designed with young people
- engaging learning modules that develop core work skills
- functionality that enables young people to connect to other young people experiencing difficulties gaining employment
- provides ongoing support to young people once employed or enrolled in study.

YOTES is moderated by a team of online career consultants and young people trained as vocational peer motivators. Peer motivators support users through genuine discussions about the difficulties of finding or engaging in work or training while maintaining good mental health.

This presentation will demonstrate the online system and discuss initial findings from the trial midpoint.