



Raising Self-Efficacy in People with Disability

Darlene McLennan, Pamela Anderson, Debbie Rooskov and Andrea Evans-McCall, *National Disability Coordination Program*

Unfortunately, people with disability too often face barriers and challenges to further education and employment. Sometimes even getting a foot in the door can be difficult. However, we know as for all Australians having opportunities to identify career aspirations, choose and follow their dreams, and to see it turn to a reality changes lives. And in turn employers gain highly skilled, passionate and engaged staff. As a career practitioner you make a real difference in the way you support and assist people with disability to gain the knowledge, self-belief and confidence to take action for themselves.

This presentation will identify the key barriers faced by people with disability and identify strategies that you as a career practitioner can utilise to improve and support them with building stronger self-efficacy and self-belief. It aims to provide practical tools and resources to help you unlock the potential and increase the self-efficacy of your clients with disability. These practical tools, resources and strategies will ensure people with disability are well established, confident and proud to communicate their individual needs, supports and/or reasonable adjustments required for them to be successful within an education and/or employment environment. This presentation will also include aims and objectives of the National Disability Coordination Officer Program and links to resources available for career practitioners via the Australian Disability Clearinghouse on Education and Training website.